

# Sant Hirdaram Girls College, Bhopal

## Department of Food And Nutrition

Organizes

### World Diabetes day

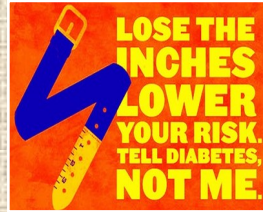
### 14<sup>th</sup> November

### Guest Lecture by Dr Varsha Vijaynathani



#### *Recipe Contest*

- **Recipe Contest**
- Three Categories:
- Healthy Snacks for Diabetics
- Sprout Recipes
- Flameless Recipes



#### *Slogan competition*

- **Slogan Competition**
- Theme:
- Promotion to Health & Fitness
- Family & Diabetes



#### *Advertisement Production*

- **Advertisement production**
- Theme:
- Benefit of Health & Fitness
- Family & Diabetes
- Rule:
- Maximum 5 min skit or one act play
- Minimum 3 person

Time: 9:15 onwards....