

**Monthly Progress
Report**



SANT HIRDARAM GIRLS COLLEGE, BHOPAL

(Approved by Govt. of M.P., Recognized by NCTE & UGC under section 2 (f) & 12 (b) of UGC Act 1956 and

Affiliated to Barkatullah University, Bhopal)

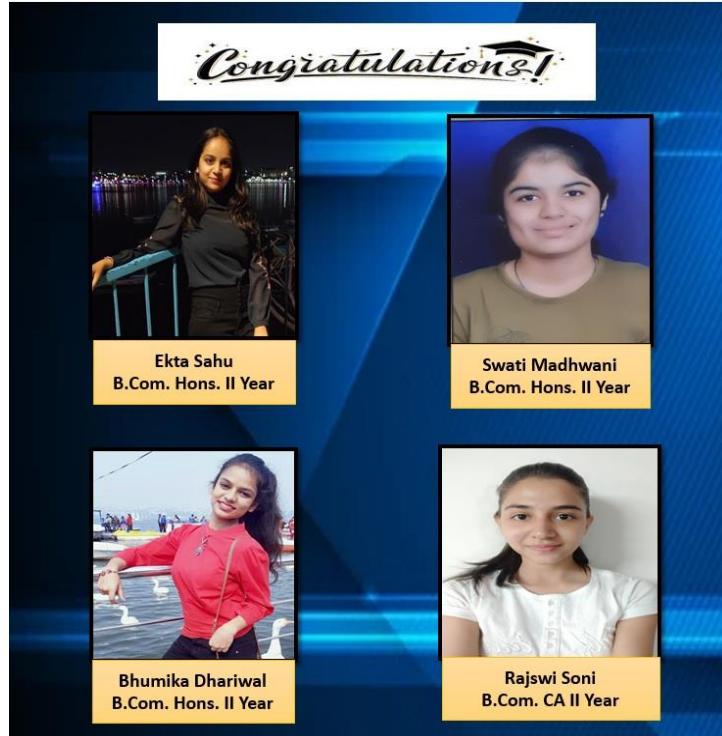
(Run by Shaheed Hemu Kalani Educational Society)

Sant Hirdaram Nagar, Bhopal

Ph. - 2640631, 2640632, Fax: 2640632

May 2021

Internship Drive by Sygnific Careers



On 6th May, 2020, Thursday, an internship drive initiative by Sygnific Careers Pvt. Ltd., Bhopal was attended by 20 students from B.Com. & BBA II Year of our college. The students showed enthusiastic participation and enrolled themselves for the Internship Drive. The Job profile was Content Writing. During the internship, students will get the stipend and may get placement offer based on their performance. The HR Ms. Kritika Wadhvani from Sygnific Careers Pvt. Ltd., appraised the students of the entire functioning and job profile and answered all their queries in the pre-interview phase. The following 4 students brought laurels to the Institute:

Ekta Sahu – B.Com. Hons. II Year

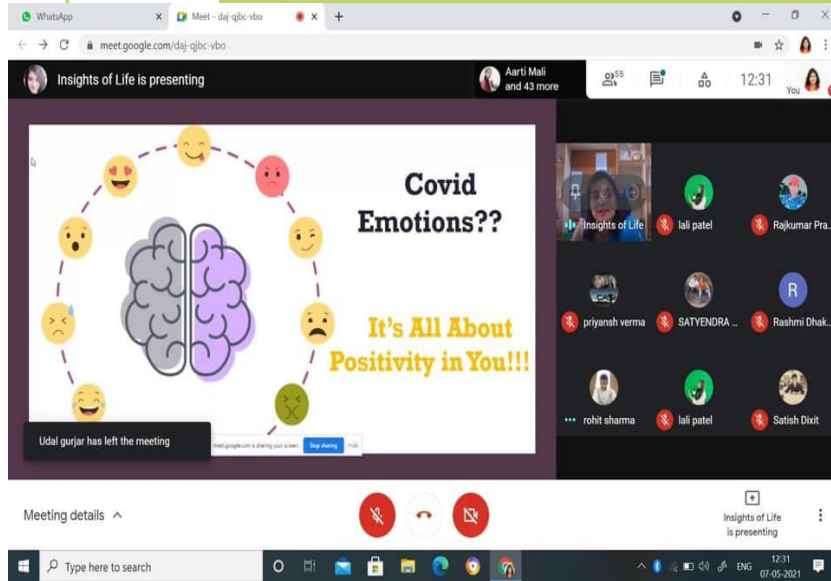
Bhumika Dhariwal – B.Com. Hons. II Year

Swati Madhwani – B.Com. Hons. II Year

Rajswi Soni - B.Com. CA II Year

Internship Drive in which 4 students from B.Com. Hons., Computer Application were selected for a 3 months Training Program on a stipend of Rs. 4,000/- per month. After successful completion of Training Program these students would be absorbed on various positions of the company.

Expert Talk on “Covid Emotions? It’s all about positivity in you!”



A Virtual Expert session was taken by Dr. Dalima Parwani on “Covid Emotions? It’s all about Positivity in You” hosted by Trylogic Pvt. Ltd. The session was aimed towards motivating the students during this challenging time of Pandemic. The students interacted with the speaker with their fears and were seeking strategies to overcome with their anxieties and frustrations.

Webinar on Interpersonal and Negotiation Skills

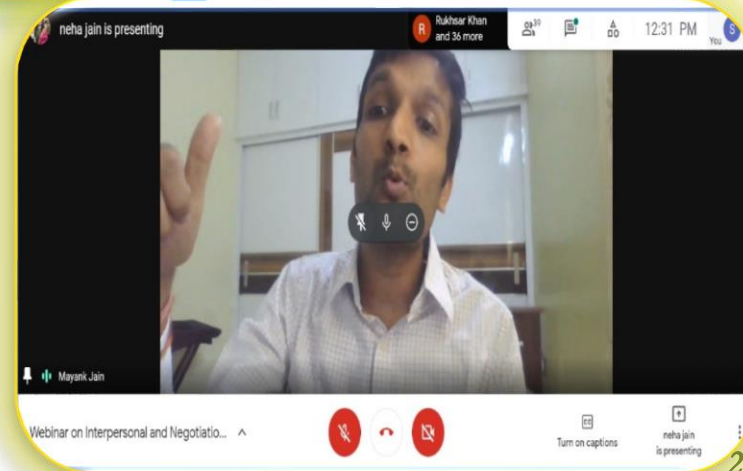
8th May, Saturday, Training & Placement Cell of SHGC had organized a Webinar on the topic “Interpersonal and Negotiation Skills. The Keynote Speaker was Mr. Mayank Jain, Business Analyst and Data Consultant.

Main speaker Mr. Mayank Jain enforced the importance of Interpersonal Skills in one’s life. He elaborated on difference between impersonal skills and interpersonal skills. He said that there are 3 core contents of Interpersonal Skills as – Verbal Communication Skills, Non-Verbal Communication Skills and Listening Skills.

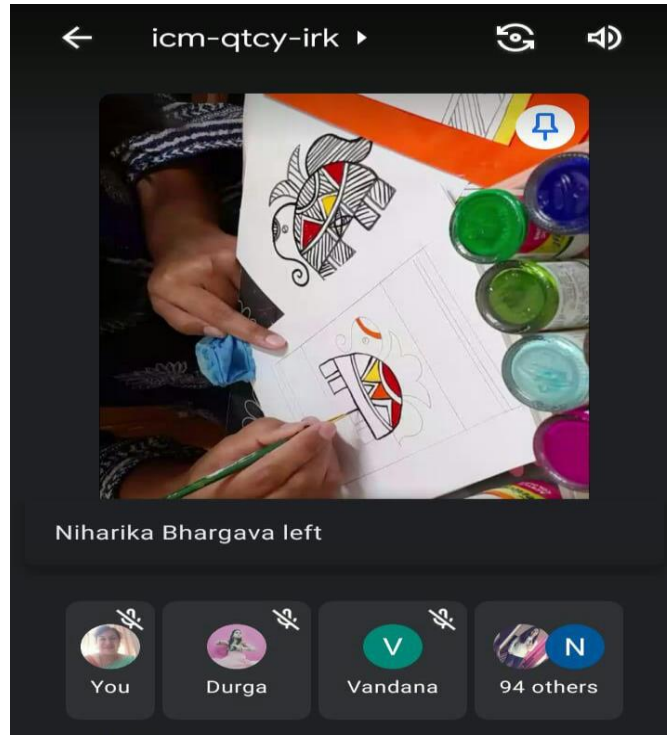
Speaker further added that listening skills can be enhanced to get more information in any communication, one can disseminate this information and use it correctly in a situation.

If one needs to improve on Non-verbal Communication persona can read books. He suggested a book – Body Language by Allen A. Barbera to be read by each and every student. He was of the opinion that one must be assertive and confident while communicating. He shared with students to apply SWOT Analysis in their life.

The session was very interactive and speaker elaborated on importance of listening skills by quoting many live examples.



Webinar on Madhubani Cards



On 11th May 2021, Tuesday, Department of education had organized a virtual workshop on Madhubani Cards in SHGC Bhopal. The expert was Ms. Richa Singh Chandel, Fevicryl Certified Professional. The aim of conducting the workshop was to enhance and keep alive rich art traditions by creating awareness and for economic sustenance.

Before the start of the workshop Dr. Dalima Parwani, Principal said that art is truly therapeutic and will help students in these difficult times of Covid.

Main speaker Ms. Richa Singh Chandel, the Art Expert briefed about the famous art form and said that Madhubani Painting is also popularly known as Mithila Art. She added that these paintings often have characteristics like complex geometrical patterns. Explaining about the history of the art form she said that this art form was used by the women to decorate their house walls and doors so as to seek God's blessings for peace and prosperity.

The art expert added that Madhubani Art form has a concept, a fixed theme and accordingly lines, patterns and symbols are drawn by the artists. She demonstrated Madhubani Cards and students learned and enjoyed the workshop.

Shri Hero Gyanchandani, Director said that Madhubani Painting is a source of artistic innovation and students should train themselves in this art form. The management applauded the efforts of taken by Education Department and extended best wishes for future endeavors.

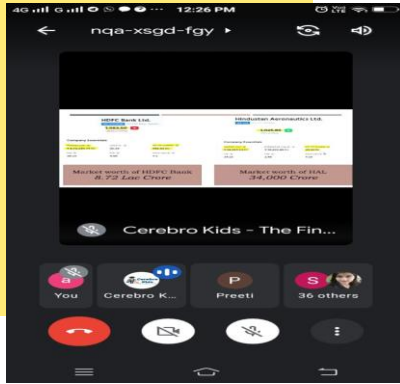
Expert Talk on “How to lead with Emotional Intelligence in the time of COVID”



A webinar on “How to lead with Emotional Intelligence in the time of COVID” was taken by Dr. Dalima Parwani hosted by the SAGE Group. Students were sensitized about the emotional parameters and bank account to upkeep their emotions during this challenging time of Pandemic.

Workshop on Developing Acumen & Stock Analysis for Beginners

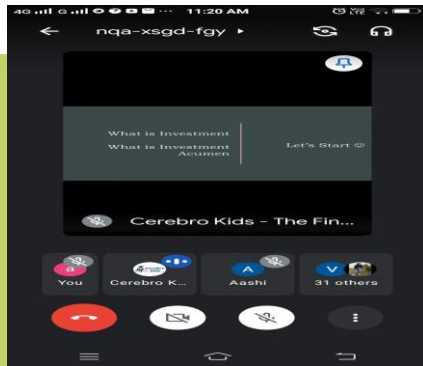
Wednesday, 12th May, 2021



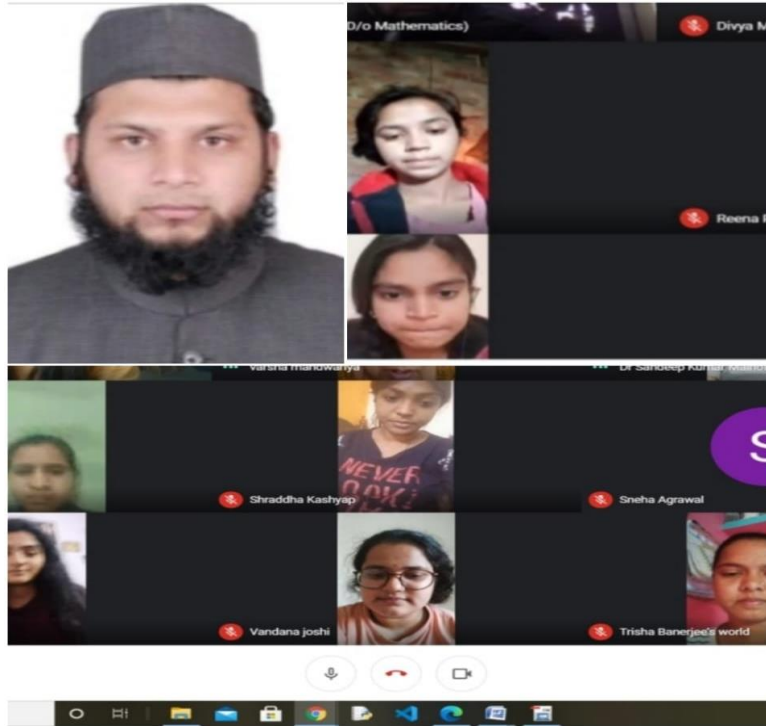
On 12th May 2021, Wednesday, Department of Commerce in collaboration with Cerebro Campus by Cerebro Kids organized a Workshop on Developing Acumen & Stock Analysis for Beginners. The Main Speaker was Mr. Arpit Gupta Co-founder, Cerebro Kids & Financial Literacy Coach. The aim of organizing this Workshop was to familiarize students with Functioning of Stock Market.

Dr. Dalima Parwani, Principal focused on the Development of Investment Acumen in our Commerce students and said that it is very Important for them to understand the functions of Stock Market.

Main Speaker highlighted the importance of Financial Literacy. He said that theoretical knowledge must well be converted into practical aspects to have a better understanding of Stock Market. He added that through this Workshop Students would be able to understand and learn various steps to Invest in Stock Market, Difference Between Index Funds & Mutual Funds, Savings & Investments, Planning & Safeguarding Future, How to do Stock Trading, Analyzing situations & take wise decisions, Upcoming Investment Options in the Market. The management applauded the efforts of taken by Commerce Department and extended best wishes for future endeavors.



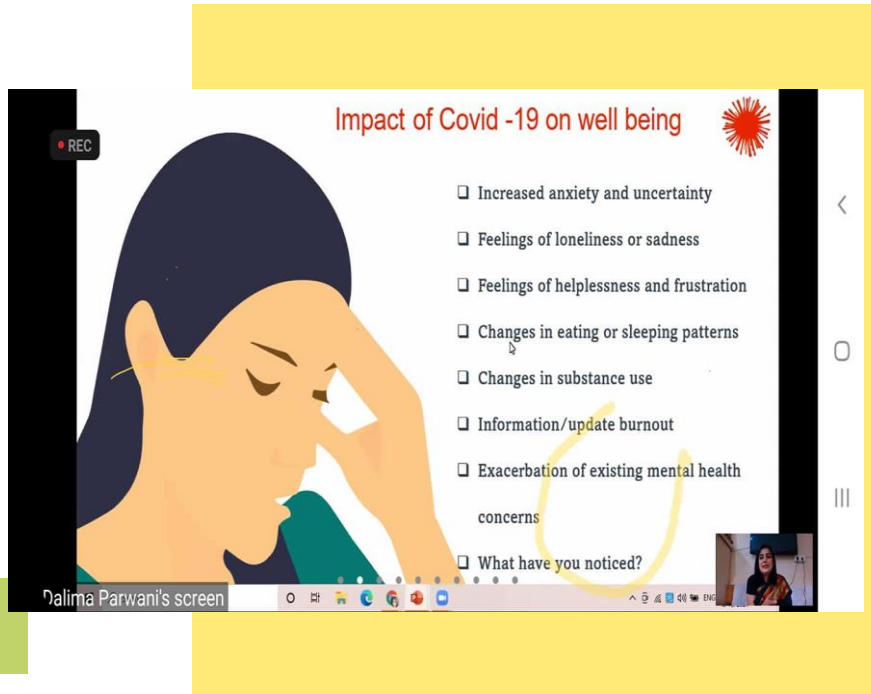
Guest Lecture on “ASION OPTION AS A FIXED POINT”



With the blessing of Rev Siddh Bhauji, motivation of Respected Hero Bhauji and guidance of Respected Principal Ma'am, Department of Mathematics, SHGC organized two days virtual guest lecture on “Asion Option As A Fixed Point” on 17th and 18th May 2021. Dr. Izhar Uddin, Assistant Professor at department of Mathematics, Jamia Milia Islamia, New Delhi was the respected speaker for the discussion. He shared his insights into some fascinating concepts like Fixed Point, Real Analysis and Topology. He shared his experiences of research with students during lecture. He guided and motivated the students for writing research paper and gave the knowledge and proper direction required. The lectures was attended by our PG Students.

Webinar on “Covid Emotions? Its all about positivity in you.”

A Webinar on “Covid Emotions? Its all about positivity in you.” Hosted by Madhyanchal Professional University was taken by Dr. Dalima Parwani whereby she oriented the students about the mental and physical exercises that they should practice to keep themselves positive and motivated during odd times.



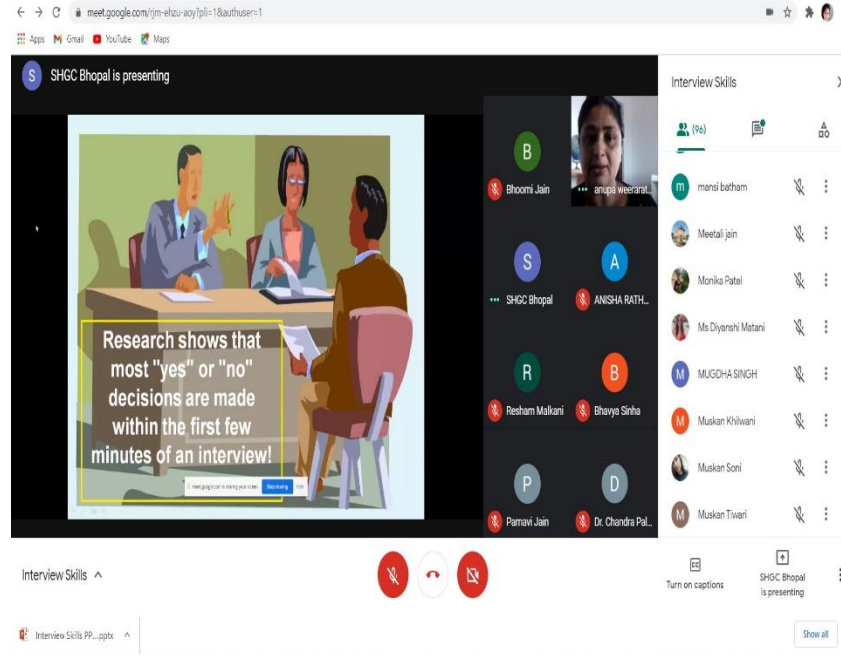
Webinar on Interview Skills

On 18th May, Tuesday, Training & Placement Cell of SHGC had organized a Webinar on the topic Interview Skills. The Keynote Speaker was Ms. Anupa Muhandiramge, Deputy Director, Ministry of Education, Sri Lanka. The main aim of organizing this Webinar was to familiarize the students with the Interview Skills to bring an overall development in their personality.

Dr. Dalima Parwani, Principal, in her welcome note expressed the need & importance of Communication Skills, Body language and other such domains to increase the percentage of Placements of our students in future.

Speaker of the Webinar was Ms. Anupa Muhandiramge impressively conveyed the Practical Aspects of Interview, the Importance of being positive to create professional impression on the Interviewer, Do's & Don'ts of the Interview Process.

Speaker exhibited with live examples the Importance of Dressing Sense, Body Language, Eye Contact during the Interview and Communication with Cooperation to achieve Success in Career. The session was very Informative and Interactive.



Campus Selection of Students in Sutherland

Congratulations
to our students



Ms. Shruti Shrivastava
B.Com CA III Year



Ms. Rishika Shrivastava
M.Com, II Year

for being placed as

NON-VOICE ASSOCIATE



SUTHERLAND

LAKE ROAD, SAINT HIRDARAM NAGAR, BHOPAL | CALL : 77488 21129, 83054 89736

On 20th May, 2021, Thursday, a campus drive initiative by Sutherland was attended by UG & PG Final Year students of our college. The students showed enthusiastic participation and enrolled themselves for the Campus Drive. The Job profile was Non Voice Associate. The HR Ms. Shahin from Sutherland appraised the students of the entire functioning and job profile and answered all their queries in the pre-interview phase. The following 2 students brought laurels to the Institute:

Ms. Shruti Shrivastava – B.Com. CA Final Year

Ms. Rishika Shrivastava – M.Com. Final Year

Their CTC will be 2.8 LPA.

Dr. Dalima Parwani, Principal gave them warm wishes for success in corporate future.

The management applauded the efforts of entire Training & Placement Cell and congratulated students and extended best wishes for future endeavors.

ACTIVITY: “Article/Poems/ Puzzles/Crossword on Mathematics”

The Mathematics department had organized Article/Poems/ Puzzles / Crossword Competitions on 20th May, 2021. The goal of organizing the competition was-

To develop better understanding the subject and utilize mathematical skill.

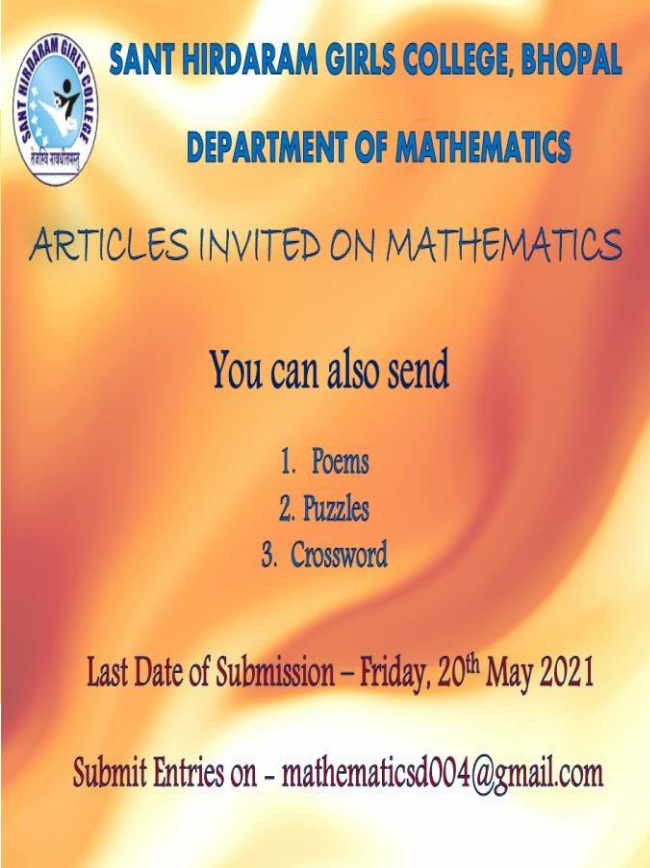
To make up an integral part of recreational Mathematics.

To develop problem solving skill, they can think more strategically.

In the competition Article/Poems/Puzzles/Crossword, first and second position holders are as follow:

- Article:**
- 1) Priyanka Kushwah – First Position
 - 2) Ritisha Namdev – Second Position
- Poem:**
- 1) Ritu Omkari – First Position
 - 2) Awani Sharma – Second Position
- Puzzle:**
- 1) Neelu Yadav – First Position
 - 2) Priyanka Kushwah – Second Position
- Crossword:**
- 1) Hritika – First Position
 - 2) Priya Mewada – Second Position

The overall program was a huge success and students participated with great enthusiasm. The students demanded such competitions should be organized in future too.



SANT HIRDARAM GIRLS COLLEGE, BHOPAL

DEPARTMENT OF MATHEMATICS

ARTICLES INVITED ON MATHEMATICS

You can also send

1. Poems
2. Puzzles
3. Crossword

Last Date of Submission – Friday, 20th May 2021

Submit Entries on - mathematicsd004@gmail.com

Webinar on Mindfulness & Creative Thinking

A one-day Webinar on 'Mindfulness & Creative Thinking' was successfully organized by the Department of Education & National Cadet Corps (NCC), Sant Hirdaram Girls College, Bhopal on 22nd May 2021. The Keynote Speakers were Commander Om Prakash Sharma, Commanding Officer 1 MP Naval Unit, NCC Bhopal and Mrs. Indu Sharma, Faculty Rajyoga Meditation.

Sir highlighted that with mindfulness we have the power to overcome negativity and uncertainties of life. Self-Awareness is a must and required to take up Responsibilities. God is the Supreme Power and has created each one of us as his Unique Creation. Speaker added that Purity is the foundation of creativity and there is a creative team in everyone which must be enhanced to attain successful result.

Sir elaborated with live examples, music and exhibited exercises.

Mrs. Indu Sharma effectively conducted Meditation session in a soothing form.

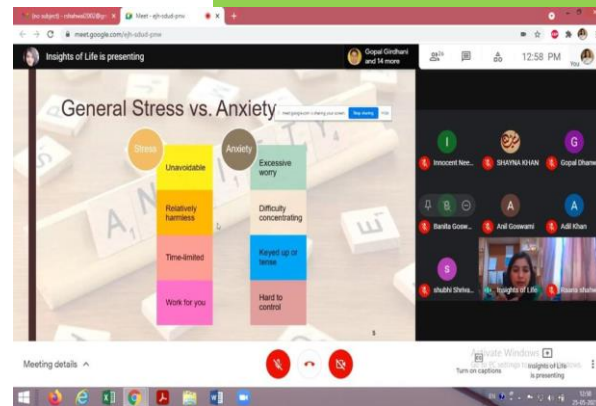
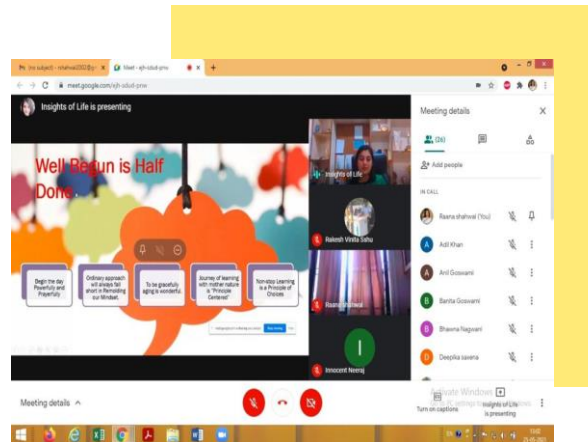
The Session was very Interesting, Informative and Interactive.

The screenshot shows a Zoom webinar titled "Webinar on Mindfulness & Creative Thinki...". The main content area displays a slide with a meditating figure on a lotus flower. The chat window on the right shows a message from "Tripti Tiwari" at 1:12 PM saying "Yes sir i feel so light" and a feedback link: <https://forms.gle/RK7E6njHe3V4JW787>. The interface also shows a "Send a message to everyone" button and a "Turn on captions" button.

Webinar on How to Manage Anxiety & Emotions during Pandemic

On 25th May, Tuesday, A Webinar on 'How to Manage Anxiety & Emotions during Pandemic' was organized by Sant Hirdaram Girls College, Bhopal. Keynote Speaker of the Webinar was Dr. Dalima Parwani, Principal, Sant Hirdaram Girls College, Bhopal. The Main aim of conducting this Webinar was to spread awareness among young school going students to deal rightly with issues like Anxiety, Tension and Stress during Pandemic.

The Speaker Dr. Dalima Parwani emphasized on the importance of organizing such webinars for the benefit of students and exhibited that as per Infodemic WhatsApp University, we forward the information without testing its authenticity which is not a good gesture. Today we all are facing difficult times due to Pandemic where precautions and safety measures should be taken to fight Corona. She emphasized that one must have a positive attitude and faith in God. We must start our day with Morning Prayers and show gratitude towards God. Students must plan their work accordingly and must show proper etiquettes in their thoughts, emotions and behavior. They must take care of their Mental & physical Health.



National Webinar on Fundamentals of Nuclear Physics

On 26th May, Wednesday, The Physics Department of Sant Hirdaram Girls College, Bhopal organized a national webinar on Fundamentals of Nuclear Physics. The convener of the webinar Prof. Jyoti Singh explained the objective and relevance of the webinar and opined that considering the present situation, not only the students having physics background but also common people should also be aware of the applications and benefits of nuclear physics for the betterment of the country. Dr. Sanjeev Rathore, Assistant Professor, Department of Physics, Government P.G. College, Badaun (U.P.) was the keynote speaker of the webinar.

Dr. Rathore explained the fundamental theories of nuclear physics in a very simple and lucid manner and established the relevance of nuclear physics in the present world.

Inaugurating the webinar, Dr. Rathore in his online speech said that the way developed countries have made electronics as the basis and making progress in the field of science and technology, developing countries like India is expanding its intellectual capabilities on the basis of the scientific learnings acquired from the knowledge of the saint and mahatmas.

The keynote speaker has said that under the National Education Policy 2020 of Govt. of India, provisions have been made for developing interest in scientific research for the undergraduate students. As per the speaker, the national education policy is a unique initiative to strengthen the guru-shishya parampara. The students need to explore the benefits of the new education policy to build their Career in the field of research and development related to nuclear physics so that India can lead in the field of science and technology in the entire world. He has also highlighted the basics of nuclear physics and its scientific applications.



Faculty Achievement

Ms. Shazia Khan, Head Department of Biotechnology attended a web talk on “ROLE OF DNA FINGERPRINTING IN RESOLVING THE CRIME” organized by Department of Biosciences, Acropolis Institute of Management Studies & Research, Indore in association with Microbiologists Society India on 28th May, 2021.



Webinar on ‘Cruising the way to your Next’

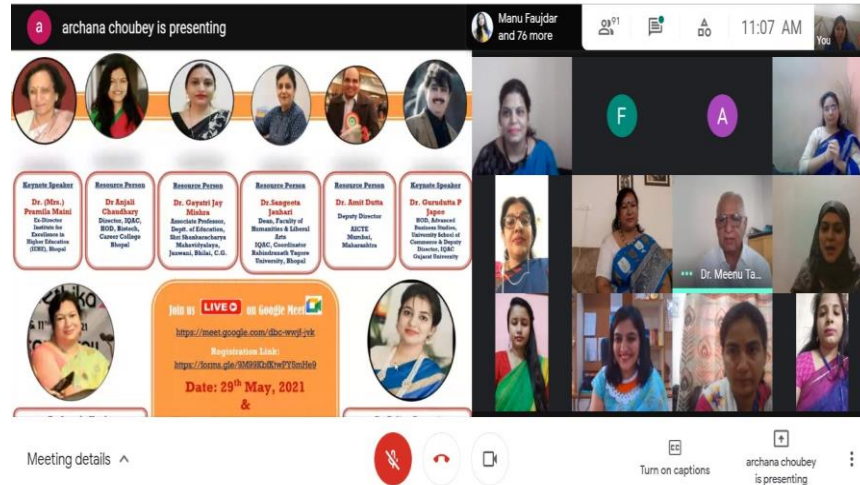
A Webinar on ‘Cruising the way to your Next’ was organized by Sant Hirdaram Girls College, Bhopal. The Keynote Speaker was Mr. Mayank Jain, Business Analyst and Data Consultant. The Main aim of conducting this Webinar was to help students to assess themselves and to understand their area of interest to choose a career.

The speaker Mr. Mayank Jain enforced that choosing a career is one of the most important decisions you will make in life. It’s about so much more than deciding what you will do to make a living. As students, we need to think what career are we going to choose as early as possible. Choosing a career path can help you set professional goals and develop a strategy for getting where you want to be. A correct choice of career may lead to success, happiness and prosperity, while a wrong and late one may lead to failure and lifelong frustration. The fruits of wrong and late decisions are numerous and bitter. To avoid these, one should try to choose one’s career as early as possible, preferably at the high school stage, according to one’s aptitude and resources.

The management applauded the efforts of entire Admission Cell and extended best wishes for future endeavors.

The screenshot displays a Zoom meeting interface. The main window shows a presentation slide with a triangular diagram. The diagram is divided into three sections: 'Skills' (left, green), 'Attitudes' (right, red), and 'Knowledge' (bottom, blue). The text 'Knowledge and skill is replaceable but not the attitude' is overlaid on the diagram. The diagram lists various attributes for each category: Knowledge (Basics, Theories, Information, Facts, Figures, Descriptions, Learning, Science etc.), Skills (Goal Setting, Time management, Reasoning, Communication, Inter-personal Skills), and Attitudes (Self Motivation, Self Confidence, Integrity, Honesty, Optimism, Enthusiasm, Co-operative, Commitment). The interface also shows a list of participants in the call, including shgc college, Insights of Life, Amrita Meghani, anju gogia, Bhavya Raisinghani, Bhawina Nagwani, and Diya Manwani.

Virtual National Conference organized by IQAC



On 29th May 2021 a Virtual National Conference was organized by IQAC of Sant Hirdaram Girls College on “Accreditation, Ranking and Quality: A Paradigm Shift for strategic enhancement of higher education in India”. The conference started with inaugural session followed by 2 Technical sessions which ended with triumphant closing ceremony. The convener Dr. Suneela Choube in the inaugural session gave an overview about the conference to all the delegates, esteemed guests and the participants. She gave a brief about what all will be discussed in the conference and who are the eminent speakers.

Virtual National Conference organized by IQAC

Saturday, 29th May, 2021

The **Director of the Institute Shri Hero Gyanchandani Ji** welcomed all the renowned speakers and participants and gave his best wishes to IQAC members and SHGC staff. The **Principal of SHGC Dr. Dalima Parwani** gave red carpet welcome to all the dignitaries, faculties and participants. She appreciated IQAC cell for organizing national level event on such a vital topic, which is of utmost importance for higher education institutions all over the India. The keynote speaker of Inaugural session **Dr. Pramila Maini, Ex-Director, IEHE, Bhopal** in a step wise manner explained the meaning of accreditation, basis of assessment, what are the quality approaches an institute must have; like they should be consistent in quality education or should improvise it timely. She discussed the absolute standards of quality, NAAC grading system, why an institute need NAAC assessment, service quality dimensions in higher education, importance of grievance redressal cell, peer NAAC team visit, quality matrix and quantitative matrix, moral and motivation of staff, students satisfaction in terms of education, placement and overall grooming. After this thank you note was given to her and all the listeners from Dr. Chandra Paliwal, Dean Science, SHGC.

archana choubey is presenting

Dr. Shaizal Batra and 81 more

11:12 AM

Zoom

SANT HIRDARAM GIRLS COLLEGE, BHOPAL
INTERNAL QUALITY ASSURANCE CELL (IQAC)
organizes
Virtual National Conference
Accreditation, Ranking and Quality : A Paradigm Shift for Strategic Enhancement of Higher Education in India
May 29th 2021 (Saturday)

BRIEF PROFILE

- ✓ Dr. (Mrs) Pramila Maini is the Ex-Director of Institute for Excellence in Higher Education (IEHE), Bhopal.
- ✓ Dr. Pramila Maini has 44 years of teaching, research and academic experience.
- ✓ She served as Deputy Secretary, Dept. of Higher Education, Govt. of MP, Joint Director, Directorate of Higher Education, MP and Director, IEHE.
- ✓ She has been a member of General Council & Executive Committee of NAAC.
- ✓ Dr. Maini has guided 12 Scholars for Ph.D.; published/contributed more than 60 Research Papers in Journals/ Conferences including those held at BARC Trombay, American Chemical Society, Washington, USA etc. SAROJINI NAIDU GOVT. GIRLS POST GRADUATE COLLEGE SHIVAJI NAGAR BHOPAL

Keynote Speaker
Dr. (Mrs) Pramila Maini
Ex-Director
Institute for
Excellence in Higher
Education (IEHE),
Bhopal

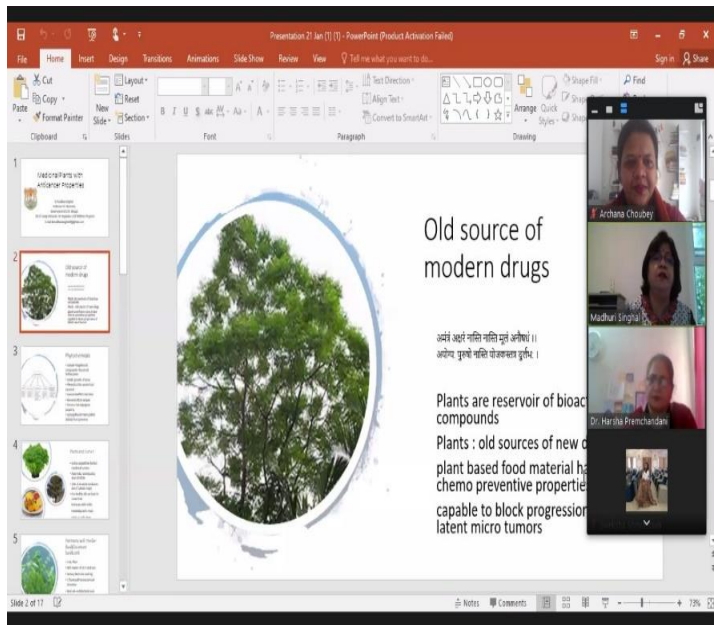
Zoom Meeting

Meeting details ^

Turn on captions

archana choubey is presenting

Webinar on Medicinal Plants with Anti-Cancer Properties



On 30th May, Sunday, a Webinar was organized by the Chemistry Department of Sant Hirdaram Girls College, Bhopal on the topic Medicinal Plants with Anti-Cancer Properties. The Resource Person was Dr. Madhavi Singhal, Prof. of Chemistry, Govt. MVM, Bhopal. The aim of organizing the webinar was to spread awareness among students about anti-cancer properties present in medicinal plants their uses and its treatment.

Dr. Dalima Parwani, Principal said that the world is facing the development of Cancer in human body and therefore it is the need of the hour to search for novel drugs that are toxic to cancer cells but not having any harmful effects on normal cells.

The subject expert Dr. Madhuri Singhal said that Indian population is mostly dependent on herbal medicinal system be it Ayurveda, Homeopathy or Unani. She added that for healthy life we have to remember that we should have harmony with herbs, friendship with fruits and team up with Trees. She stressed that Basil, Black Pepper, Cinamon, Amla etc. should be included in the diet.

Virtual Talk on "Be Your Own Doctor"

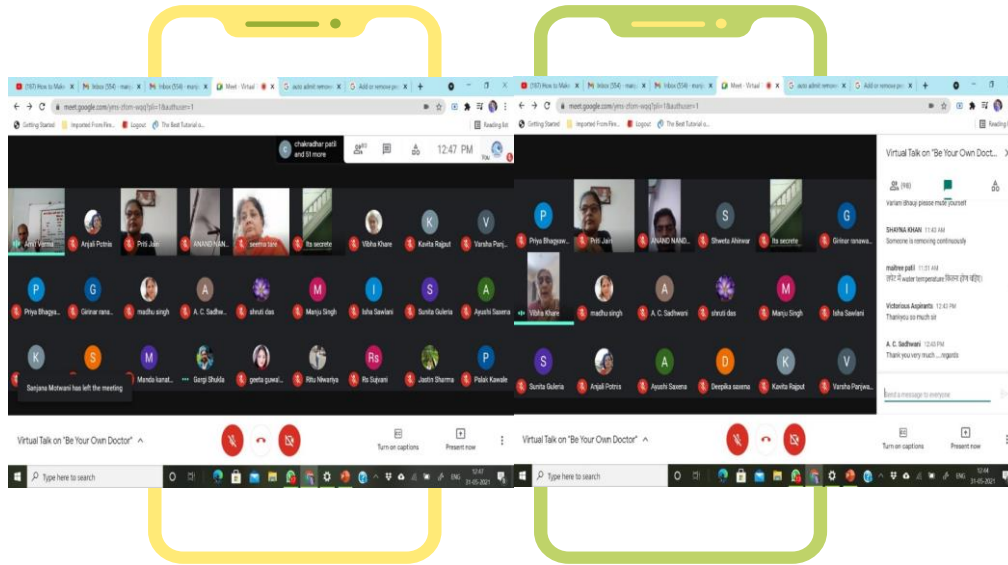
On 31st May, 2021 Monday with the blessings of Paramhans Hirdaram Sahib Ji and pious motivation of Rev. Siddh Bhau Ji, Department of Food and Nutrition, SHGC had organized a virtual talk on the topic "Be Your Own Doctor".

The Key Note speaker was senior Naturopathic consultant Dr. Arjun Tewani. The aim of organizing the virtual talk was to provide a wealth of insight and information on the diagnosis of diseases, their causes and easy home remedies to treat them.

Dr. Dalima Parwani, Principal, SHGC said that Naturopathy is a form of alternative medicine which attributes self-healing. It embraces many therapies including herbs massage and acupuncture exercise meditation and nutritional counseling. She further added that these types of therapies help the patient to heal at home and it is the need of the hour.

The subject expert Dr Arjun Tewani gave it holistic approach. He explains 10 ways to remain disease free where he insisted to eat salad, fruits, play sports, take sound sleep, and eat mindfully during meals. He describes that main thing in naturopathy is the diagnosis, then only it can be fully treated. He elaborated about ones physical, mental and spiritual healing and further added that self-discipline is a major attribute which helps in self-healing.

The virtual talk was very impressive which benefited the faculty and students.



Thanks!

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www.shgc.in

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