

# **Sant Hirdaram Girls College, Bhopal**

## ***(Affiliated to Barkatullah University, Bhopal)***

### **Department of Physical Education**

#### **Achievements of Sports (2025-2006)**

##### **Sports Achievement Record (2025–26)**

The year 2025–26 has been a proud and eventful one for sports and NCC activities at Sant Hirdaram Girls College, Bhopal, reflecting excellence, dedication, and team spirit among our students.

##### **Boxing Achievements**

Divyanshi Lalwani secured a Gold Medal in the Division Boxing Tournament and has been selected to represent at the West Zone Boxing Tournament, bringing great honor to the college.

##### **Kho-Kho Achievement**

Ayesha Khanam has been selected for the West Zone Kho-Kho Tournament, adding further prestige to the institution.

##### **Shooting Achievements**

BSc third-year student Taiba Viquas has brought exceptional recognition to the college through her outstanding performances at state and national levels:

- Won a **Gold Medal** with an impressive score of **580/600** at the 28th Madhya Pradesh State Shooting Championship.
- Secured a **Bronze Medal** with a remarkable score of **581/600** at the 34th All India G. V. Mavalankar Shooting Championship.
- Achieved **First Rank** in the 3rd MP State Big Bore Shooting Championship with a score of **284/300**.

Her consistent excellence and rapid rise highlight her as a promising talent in India's shooting sports arena.

##### **Karate Achievements**

Jyoti Niranjana delivered outstanding performances at both national and regional levels:

- Won **1st Gold Medal** in the 33rd Centre India Karate Championship 2025, held on 21st–22nd June 2025 in Bhopal, in the **Kumite event (40–45 kg category)**.
- Secured **1st Gold Medal** in the 22nd National Karate Championship 2025–26, held on 10th–11th January 2025 in Bhopal, in the **Kumite event (40–45 kg category)**.

Her achievements reflect exceptional dedication and skill.

### **Khelo MP Achievement (Tug of War)**

Anuradha Chauhan represented the college in **Khelo MP** in the game of *Tug of War* and demonstrated commendable performance across multiple levels:

- **Block Level** – Raghogarh (15–16 January 2026)
- **District Level** – Guna (20–21 January 2026)
- **Division Level** – Gwalior (22–23 January 2026)
- **State Level** – Bhopal (29–31 January 2026)

Her participation across all levels showcases determination, strength, and competitive spirit.

### **Inter-College Volleyball Tournament Performance**

The SHGC Volleyball Team participated in the Inter-College Volleyball Tournament held at Excellence College, Bhopal, and delivered an impressive performance:

- Won two consecutive matches
- Advanced to the Semi-Finals
- Displayed remarkable determination despite a close loss in the Semi-Final

This performance highlights the growing potential, resilience, and sportsmanship of our students.

Overall, the year 2025–26 stands as a testament to the commitment, discipline, and leadership demonstrated by our sports participants. We express our sincere gratitude to the college administration for their continuous guidance and support.

### **Regards**

Dr. Shanti Sharma  
NCC & Sports Officer