SANT HIRDARAM GIRLS COLLEGE, BHOPAL



MONTHLY REPORT JANUARY 2024





SOYA PROCESSING TRAINING: EMPOWERING STUDENTS OF SHGC FOR SUSTAINABLE LIVING AND COMMUNITY COLLABORATION

Students of Sant Hirdaram Girls College, B.Sc. Second year recently engaged in an insightful training session on soya processing and the creation of various soya products. The training, held at the Agri-nutrition Resource Center, Solidaridad, Bhopal, empowered the 38 participating students. Under the guidance of Prof. Vibha Khare, Head, Department of Food and Nutrition, they acquired practical skills in making soya milk, tofu, and soya nuts using simple home equipment. Notably, the training emphasized the utilization of byproducts to encourage sustainable living practices.

Solidaridad Regional Expertise Centre, Koh-e-fiza, is making commendable strides by collaborating with small farmers, workers, local authorities, private sectors, and research institutes. Functioning as a catalyst for improved food production, safer workplaces, access to clean water, and better income, the center is currently operational in 4 districts and has plans for expansion. During the training, students had the opportunity to explore potential job prospects at the center.

This initiative not only equips students with practical skills but also fosters a commitment to sustainable practices and community collaboration.







NATIONAL YOUTH DAY OBSERVED

Sant Hirdaram Girls College marked National Youth Day on January 12, 2024, with a series of diverse programs. The National Service Scheme Unit, in collaboration with the National Cadet Corps, E-Cell, and the Institution Innovation Council, orchestrated various activities to commemorate Swami Vivekananda's birth anniversary, aiming to inspire students with his life and teachings. The College Principal, Dr. Dalima Parwani, Program Officers, NCC Caretaker, faculty members and students attended the event.

Dr. Dalima Parwani expressed joy, emphasizing that celebrating Swami Vivekananda's birthday as National Youth Day is dedicated to spreading his vision, principles, thoughts, and ideals. The event also highlighted the importance of maintaining health and fitness through Surya Namaskar.

Ms. Sakshi Israni, a student, provided insights into Swami Vivekananda's personality and contributions. Dr. Chandra Paliwal, the Dean of Science, guided participants in performing Surya Namaskar. Students had the opportunity to witness the direct broadcast of the 27th edition of the National Youth Festival.

STUDENT OF SHGC OUTSHINE IN DISTRICT LEVEL ESSAY WRITING COMPETITION



On January 13, 2024, the literary prowess of SHGC's students shone bright as Ms. Princi Pahlwani and Ms. Priya Bhojwani, esteemed members of the Literary Committee, showcased their talent in a District Level Essay Writing Competition. The compelling topic, "It's nothing like just a vote; we will definitely cast our vote," became a platform for Ms. Princi Pahlwani to clinch the First Prize. Her remarkable achievement not only adds another feather to SHGC's cap but also propels her towards the State Level Essay Writing Competition.







INDUSTRIAL VISIT ON NATIONAL STARTUP DAY

On Tuesday, 16th January, 2024, E-Cell and Institution innovation council, Sant Hirdaram Girls College, Bhopal organized a visit to local paper bag industry "Print Mario- Let's Box it, Bhopal. This visit was planned to celebrate foundation day of startup India. With an aim to bring together the country's startups, entrepreneurs, investors, policymakers and other stakeholders, the ministry of commerce and Industry is organizing the startup India Innovation week form from 10-18 January 2024 to rejoice the Indian startup ecosystem and National Startup Day.

India startups have been flourishing in the spirit of innovation and entrepreneurship in several fields. This visit will provide a platform where students can gain knowledge and broader vision about intricate process of turning ideas into ecofriendly realities, innovation and sustainable packaging which will inspire a new generation of leaders and sustainable business. A total of 52 students took advantage of this visit with 2 faculty members, Prof. Sonia Sharma and Dr. Neha Raghuvanshi.







UNION MINISTER SHRI DHARMENDRA PRADHAN INSPIRES YOUTH PARTICIPATION IN DEMOCRACY

On January 17, 2024, Union Minister Shri Dharmendra Pradhan took center stage at the national drive for Honorable Prime Minister Modi's NAMO NAVMATDATA SAMMELAN, a transformative initiative aimed at engaging citizens in the democratic process.

In an impactful address, Shri Dharmendra Pradhan passionately spoke to students across the nation, emphasizing the profound impact of their votes. He underscored, "Your vote counts. Each vote is an essential drop in the tidal wave of change for a Viksit Bharat."

The presence of our diligent students at this significant event symbolizes their commitment to active citizenship and their eagerness to contribute to the democratic fabric of the nation.

SHGC is dedicated to shaping future leaders through education that not only imparts knowledge but also instills a sense of civic responsibility. The institution is proud to have students who actively participate in events promoting democratic values.

GUEST LECTURE ON PHONETICS





The Department of Language successfully organized a Guest Lecture on January 19, 2024, Friday, focusing on the International Phonetic Alphabet (IPA) and Phonetic Symbols. The event aimed to enhance students' phonetic skills, providing a deeper understanding of pronunciation and the organization of speech sounds.

Distinguished speaker Ms. Fatima Khan, Recruiter in GTT - US based company and Communication Skills Trainer captivated the audience with her expertise. During the lecture, Ms. Fatima Khan delved into the intricacies of phonetics, presenting a comprehensive overview of the phonetic chart and vowel sounds. Students were actively engaged with hands-on practice sheets, gaining practical insights into syllables, monophthongs, and diphthongs. Ms. Khan also shed light on aspects such as intonation, cadence, articulation, elocution, and lexical words, providing a holistic understanding of phonetics.

As a testament to the practical application of the lecture, the subject expert facilitated the learning of phonetic spelling through illustrative examples, ensuring a well-rounded educational experience for the students.

Dr. Neha Gupta, Head of the Department of Language, delivered the concluding remarks, expressing gratitude for the valuable insights shared by Ms. Fatima Khan. The Management commended the Department of Language for its commendable efforts in organizing such an enriching event and extended best wishes for their future endeavours.

The event served as a significant milestone in advancing the linguistic proficiency of the students, equipping them with essential skills for effective communication. The Department of Language remains committed to fostering a vibrant academic environment, providing students with enriching experiences that extend beyond traditional classroom learning.

CELEBRATION OF BHAGWAN SHRI RAM'S CONSECRATION CEREMONY

In commemoration of the consecration ceremony of Bhagwan Shri Ram, the NSS Unit and Literary Committee at Sant Hiradaram Girls College, Bhopal meticulously organized a series of engaging and enlightening programs from 17th January to 22nd January 2024, aligning with the directives of the Higher Education Department.

On January 17, 2024, the students kick-started the festivities with a dedicated cleanliness drive, showcasing their commitment to maintaining a pristine environment in honor of Bhagwan Shri Ram.

On January 18, 2024, a spirited slogan competition, focusing on the life sketch of Bhagwan Shri Ram, unfolded on this day. Ms. Diksha Shukla secured the first prize, while Ms. Tatheer Fatima claimed the second prize. Simultaneously, a Poster Making Competition took place, with Ms. Usha Malviya earning the first prize and Ms. Soumya Saxena clinching the second.

On January 19, 2024, the Literary Committee organized a Speech Competition elucidating the 'Concept of Bhagwan Shri Ram.' Ms. Gresy Singh emerged victorious with the first prize, and Ms. Yashika Paryani showcased her oratory skills to secure the second prize.

On January 20, 2024, an Essay Writing Competition on the theme 'The Leader of Social Harmony - Bhagwan Shri Ram' captivated participants. Ms. Tatheer Fatima claimed the first prize, followed by Ms. Saniya Patil in second, Ms. Soumya Saxena in third, and Ms. Sakshi Israni receiving a Consolation Prize.

Professor Vibha Khare, NSS Program Officer, played a pivotal role in coordinating and ensuring the seamless execution of all events, contributing to the success of the consecration ceremony celebration.











EMPOWERING MINDS AND CULTIVATING GRATITUDE: INTERACTIVE SESSION BY SHRADDHEY BHAUJI

On the 23rd of January 2024, Tuesday, an enlightening interactive session unfolded at Sant Hirdaram Girls College in the revered presence of Shraddhey Siddh Bhauji. The primary objective was to inspire and motivate first-year students towards personal growth and holistic well-being.

Dr. Dalima Parwani, the Principal, passionately emphasized the importance of gratitude in life and the transformative joy of giving. She imparted valuable wisdom, highlighting that self-care is an expression of self-love, and encouraged the cultivation of patience in facing life's challenges.

Shraddhey Siddh Bhauji engaged with the students, fostering a dialogue on their hobbies, life skills, and contributions to daily activities, especially in assisting their mothers. He passionately advocated for the adoption of a healthy lifestyle, placing a special emphasis on the consumption of nutritious foods like sprouts. Shraddhey Siddh Bhauji underscored the importance of embracing a balanced diet for overall well-being.

Addressing the crucial issue of anger and its potential consequences, he advocated for its avoidance, reinforcing that it is not a solution, and solutions precede challenges. In an insightful discourse, Shraddhey Siddh Bhauji shared perspectives on social media, cautioning against fake friendships and emphasizing the importance of staying connected with genuine relationships. He urged students not to abandon their parents, recognizing the irreplaceable role they play in our lives.

As a gesture of love and encouragement, Shraddhey Siddh Bhauji distributed books on healthy eating and sprouts, along with pens, symbolizing the initiation of a journey towards knowledge and well-being for the students.

This interactive session served as a beacon of inspiration, equipping young minds with valuable insights to navigate life's journey with resilience and wisdom.

SANT HIRDARAM GIRLS COLLEGE CELEBRATES FRESHERS CUM FAREWELL – MILAP 2024





Sant Hirdaram Girls College, Bhopal marked a memorable day on 25th January, Thursday, as it hosted a vibrant Freshers cum Farewell Milap for its First and Final Year UG & PG students. The event, graced by esteemed guests and adorned with cultural performances, emphasized the blend of tradition, education, and values.

Shri Hero Gyanchandani, the Director, delivered an inspiring address urging students to embrace Indian traditions and culture. He emphasized the pivotal nature of graduating years, encouraging students to prioritize tasks and navigate challenges with confidence.

Dr. Dalima Parwani, the Principal, welcomed new students in a warm atmosphere, encouraging their creative impulses to boost their confidence. She eloquently commenced her speech by elucidating the profound significance of "Milap." Emphasizing the essence of patience and balance, she implored students to harmonize their professional and personal spheres, advocating against hasty reactions and promoting thoughtful responses in the journey ahead.

Distinguished guests, Ms. Manisha Anand, Corporate Trainer and Counsellor, Ms. Rashmi Bawa, Motivational Speaker, Career Counsellor, President, Prerna Sewa Society, Bhopal, and RJ Anadi, Radio Personality, served as eminent judges for the occasion.

Ms. Manisha Anand said that piece of advice if you want to in the field of fashion but prioritize your studies, decision making, skill and public speaking we get from education. Your personal attitude and values matter more Manisha Anand, offering invaluable guidance to aspiring individuals in the realm of fashion, underscored the pivotal role of education. While emphasizing the importance of studies, decision-making skills, and honing one's craft in public speaking, she enlightened her audience that personal attitude and values wield even greater significance in navigating the dynamic landscape of the fashion industry.

Ms. Rashmi Bawa emphasized the pivotal role of confidence as the foundational steppingstone, highlighting that confidence, when coupled with knowledge, becomes indispensable. She underscored the notion that true confidence is a product of knowledge acquisition.

Adding to this perspective, RJ Anadi stressed the significance of knowledge by recommending regular newspaper reading. In a holistic approach, Anadi urged individuals to create lasting memories through capturing moments in photos and videos. Additionally, active participation in a wide array of events was advocated, emphasizing the multifaceted nature of personal growth and enrichment.

For final year students, MISS SHGC was bagged by Ms. Ayushi Saxena B.Com. III, RUNNERS UP I - Ms. Roshni Govindani, BBA III and RUNNERS UP II. Ms. Huzaifa Insaf BCA III. From first year students the title of MISS EVE was bagged by Ms. Soumya Saxena BBA I, RUNNERS UP I Ms. Zoya Mansoor, BBA L and RUNNERS UP II by Ms. Shelly Jain M.Sc. I Sem. The ceremony was a kaleidoscope of colourful presentations, including dance, songs, and a captivating ramp walk.

The event not only celebrated academic achievements but also showcased the vibrant spirit and talent within the Sant Hirdaram Girls College community.





REPUBLIC DAY CELEBRATED

On Tuesday, 26th January 2024, Republic Day was celebrated at Sant Hirdaram Girls College, Bhopal with great zeal and enthusiasm. Chief Guest Dr. Durgesh Khemchandani, Dr. Poonam Khemchandani, Shri Hero Gyanchandani, Vice President, Shri K.L. Ramnani, Joint Secretary, SHKES, Dr. Dalima Parwani, Principal, SHGC, Dr. Hemanshu Sharma, Principal, SHMCNYS, Faculty Members and students in huge numbers graced the occasion.

Shri K.L. Ramnani extended heartfelt greetings and said that we should be a beacon of rights and responsibilities. He further added that nature itself imparts invaluable lessons on the essence of righteous behavior.

Chief Guest, Dr. Durgesh Khemchandani emphasized service, inspiration, duty and guidance as essential principles to uphold in life for achieving success. He further added that Shaheed Hemu Kalani Educational Society is an ideal for learning sewa and Guru Shishya Parampara.

Dr. Poonam Khemchandani, on the occasion said that we must choose the path of unity, inclusivity and progress so as to navigate the challenges of life and create a society where every individual thrives to become the best of themselves.

Dr. Dalima Parwani, the Principal congratulated each and every one present and said that the spirit of patriotism inspires us to contribute towards the progress and prosperity of our great country.

The students shared their feelings on the occasion in the form of speech and poetry.

STUDENT CONFERRED WITH PRESTIGIOUS SANSAD RATNA



On 29th January 2024 - Jagran Lakecity University, hosted a two-day Model United Nations (MUN) event, Sansad, on the 26th and 27th of January 2024. The event aimed at empowering the next generation of leaders, fostering a sense of responsibility, and encouraging active participation in the democratic process.

Open to both school and college students, the event witnessed the graceful and intellectually stimulating representation of Sant Hirdaram Girls College by Ms. Rasha Hashmi and Ms. Princi Pahlwani.

The focal point of the event revolved around a profound deliberation on the relevance of the 42nd amendment to the preamble of the Indian Constitution. Ms. Hashmi and Ms. Pahlwani not only participated actively but also contributed significantly to the insightful discussions that unfolded during the event.



A highlight of Sansad was the exceptional recognition bestowed upon Ms. Princi Pahlwani, who was honoured with the prestigious title of SANSAD RATNA. In acknowledgment of her outstanding contributions, she received a certificate, a memorable memento, and a cash prize of ₹7000. This accolade is a testament to her brilliance, commitment, and dedication to the democratic discourse.

Dr. Dalima Parwani, the Principal of SHGC congratulated the participants and especially the winner Ms. Princi, expressing pride in the achievements of the institution. Dr. Neha Gupta, Coordinator of the Literary Committee, also commended the participants, emphasizing the crucial role played by the Literary Committee in nurturing intellectual prowess.

This remarkable accomplishment not only showcases the individual brilliance of Ms. Princi Pahlwani but also underscores the intellectual calibre of the Literary Committee at Sant Hirdaram Girls College.



Thank You



santhirdaramgirlscollege@yahoo.com



www.shgc.in

Follow SHGC On:









/shgccollege