



SANT HIRDARAM GIRLS COLLEGE, BHOPAL

Monthly Report **June, 2023**

Workshop for School Students



On 2nd June, 2023, a three day workshop on Communicating with Confidence was organized by the Department of Commerce, Sant Hirdaram Girls College, Bhopal. The Resource Person was Dr. Yashi Tiwari, Asst. Prof., Department of Commerce, SHGC, Bhopal. The objective behind organizing this workshop was to hone the communicative skills of school students as it is imperative for them to brush up their skills who are beginning an important era of their life.

Dr. Dalima Parwani, Principal, Sant Hirdaram Girls College, said that such workshops fasten the skills of the students by fostering and building assertiveness so that they can voice in the world their thoughts, opinions and ideas confidently.

The subject expert gave insights to the participants towards different important aspects of communication, its importance and necessity in this competitive world by quoting real time examples and adopting various pedagogical techniques. She elaborated the importance of communication, effective organizational communication, perception, attitudes and barriers of communication.

Students from different schools participated and appreciated. They were quite keen to learn the various methods employed to understand the psychology adopted during the same. The students were delighted and requested to organize such workshops in near future to enhance their learning and to groom themselves.

Dr. Dalima Parwani Conferred with the Prestigious Sheroes Shakti Samman



On 3rd June, 2023, Dr. Dalima Parwani, Principal, Sant Hirdaram Girls College, Bhopal was conferred with the prestigious Sheroes Sewa Shakti Samman organized by Sheroes Sewa Welfare Society. The award ceremony was held at the LNCT University Auditorium, Bhopal. On this occasion, Mayor Mrs. Malti Rai, MLA Mrs. Krishna Gaur, special guest Dr. Reenu Yadav and Ms. Poonam Choukse, Dr. Janvi Chandwani, Founder, Sheroz Sewa Social Welfare Society and many dignitaries were present as the chief guest.

The award was bestowed to Dr. Dalima Parwani for her outstanding works by making the women to become self -sufficient, self – reliant and aware of their rights.

Shri. Hero Gyanchandani, Director, SHGC congratulated Dr. Dalima Parwani for her hard work, efforts, dedication and fearless spirit. He further added that the Management feels highly honoured and grateful for all her commitments to excel in the field of education.

The teaching and non-teaching staff of SHGC applauded her for making things easier with focused mind and indomitable ethics.





World Environment Day

On 5th June, 2023, Monday, Nature Club and NSS Unit of Sant Hirdaram Girls College, Bhopal had organized Poster Making Competition in joint association with WWF on the occasion of World Environment Day. The theme of the Poster Competition was Beat Plastic Pollution. The competition was organized with the objective to disseminate awareness regarding the threats of rising plastic pollution.

Dr. Dalima Parwani, Principal, Sant Hirdaram Girls College, said that a good and healthy environment is crucial for human survival and it provides us with a better place to live in. She further added that this day is observed every year to try to curb the irreparable damage caused by the environment pollution to our oceans, soil and forests.

Many students participated in the competition with full enthusiasm and collaborated by making posters to showcase the threats posed by the plastic pollution. The result was declared the same day viz, Ms. Palak Rajput, B.Ed. II Semester - I Prize, Ms. Divya Prajapati, BCA II Year – II Prize, Ms. Sonam Singh, B.Sc. III Year – III Prize and consolation prize was bagged by two students Ms. Shivani Patel & Ms. Saniya Ali, B.Sc. II Year. The prizes and certificates were distributed to the winners.

Health Checkup Camp



On 13th June, 2023, Tuesday, Fitness Club and Women Cell had organized Free Health Checkup Camp in joint association with NHC Health Care at Home, Bhopal. The objective behind organizing this camp was to initiate awareness amongst the masses regarding the basic health care services or disseminating knowledge about the diseases.

Dr. Dalima Parwani, Principal speaking on the occasion said that to reach an optimal level of health care in a country like ours is a dynamic process and to accomplish this optimal level we have to work together in collaboration. She further added that this is the only way a maximum number of women could be benefitted.

Shri. Hero Gyanchandani, Director, SHGC remarked that our institution endeavours for the empowerment of women and by organizing such types of camps, the women employees & students are encouraged, nurtured and embraced seeking their health as a priority and in this way contributing towards a flourishing society.

Many diagnostic tests were conducted during the camp viz, random blood sugar, blood pressure, hemoglobin, dental check -up and many more. More than 100 students, teaching and non-teaching staff were assisted and aided during the camp.

Prof. Vibha Khare, Convener, Fitness Club and Women Cell said that the right to health is a fundamental right of every individual in a country and any negligence in health care can be very devastating. One can live longer and healthier only when the individual gets the right kind of health checkup, screening and treatments.

A Certificate of Appreciation was awarded to the institution as a token of gesture for its kind support.



Student of SHGC selected for Zonal Level Competition



On 15th June, 2023, Thursday, a student of Literary Committee of Sant Hirdaram Girls College, Bhopal Ms. Princi Pahlwani cleared her first round of State Level Essay Writing Competition organized by IIT Hyderabad in join association with Indian National Young Academy of Sciences (INYAS), Govt. of India under the initiative of Model G-20. The topic of the Essay Competition was Reforms for Multilateral Institutions. Now she is eligible for next round which is Zonal Level Debate Competition. This competition will be hosted by IIT, Indore on 30th June, 2023.

Dr. Dalima Parwani, Principal congratulated Ms. Princi Pahlwani and said that such competitions are ingrained in life and it is the part of evolution. She further added that students must have a fire kindled from within that inspires them to become achievers.

Shri Hero Gyanchandani, Director, appreciated the efforts of Ms. Princi Pahlwani and said that healthy competition contributes towards fostering students and prepares them for life which in itself is competitive.



Alumni Meet

On 17th June, 2023, Saturday Alumni Meet was organized by SHOGA (Sant Hirdaram Old Girls Association) in the pious presence of Shradhhey Siddh Bhauji, President, SHKES. Shri Hero Gyanchandani, Vice President, Shri A.C. Sathwani, Secretary, Shri Bhagwan Babani, Administrative Officer, Col. Narayan Parwani, Dr. Dalima Parwani, Principal, SHGC, Faculty members, Alumni and students in huge numbers graced the occasion.

Dr. Dalima Parwani, Principal in her welcome address in the 5th Alumni Meet said that it is the moment to relive your past, reminisce your golden days as you all are the brand ambassadors of the institution. She felt grateful for sparing their precious time. She urged the present students to carry forward the legacy which has been bestowed upon them by their seniors. She elaborated the meaning of gratitude to students because it is necessary for our spiritual growth. The more we give the more we get.

Shri A. C. Sathwani, Secretary mentioned about the benevolent activities carried out by SHKES, its working and about various sessions organized by Shradhhey Siddh Bhauji. Addressing to the Alumni, he said that you have taken lots and lots of efforts, pains, and labour in achieving success and therefore enjoy it thoroughly.

Col. Narayan Parwani in his address said that it is a great decision of taking admission in this institution because it is the only institution which provides not only education but also moral values and provides briefings about defence services. He further added that we all are human beings and have lot of weaknesses but we must try to overcome them.

The Alumni viz. Ms. Chandra Pawar (Civil Judge), Ms. Abhilasha Sharma (MNC), Ms. Ayushi Saxena (Process Manager. TCS, Nagpur), Ms. Samra Akhtar (Dietician, Bansal Hospital), Ms. Ritu Manwani, (Asst. Grade III, Jail), Ms. Sandhya Malviya (Assistant Registrar, Ambedkar University), Ms. Divya Bharwani (RBI), Ms. Saloni Mishra (MPPSC), Ms. Sunita Ramchandani (Asst. Prof., SHIM) and Ms. Deepa Adwani (PNB) shared their nostalgic experiences.

Shradhhey Siddh Bhauji initiated his blessings by thanking the Alumni for managing and taking out time. He urged the students to work hard, plan a routine, keeping extreme determination and been focused in life. He insisted on being humble, having endurance, being sweet spoken and not reacting instantly are some of the virtues one must possess. The people who are closely associated with us have the authority to scold us, teach us and guide us.

He motivated the students to fight against anger, one must try to control over it as anger is just a habit that can be dominated. Anger triggers the body's fight and flight response. He further asked to preach what you teach. He also guided them to abstain from ego because it is the cause of downfall and decline in life. He highlighted to master the mind, to master the world in this way you can master the life.



International Day of Yoga

On 21st June 2023, Wednesday, Sports Committee, NSS Unit and Fitness Club of Sant Hirdaram Girls College had observed International Day of Yoga. The objective behind this observation was to disseminate awareness regarding the benefits of yoga which is having infinite possibilities and power. The theme for this year's International Day of Yoga is Yoga for Vasudhaiva Kutumbakam, effectively encapsulating our collective aspiration for One Earth, One Family and One Future.

Dr. Dalima Parwani, Principal said that Yoga is instrumental in developing strength and resilience. It helps in building up psycho-physiological health and managing daily stress. She further added that Yoga calms the mind by allaying one's fear and anxiety. It also helps in balancing one's life physically and mentally and it is a gift of holistic approach to health and well-being.

Dr. Chandra Paliwal, Dean of Science and Dr. Jyoti Keswani, SHMCNYS displayed Yoga and the faculties of the institution including NSS Volunteers performed Yoga.



Quiz Competition on Reading Skills



Blessings & Inspiration
Paramhans Sant Hirdaram Sahibji

Guidance & Motivation
Rev. Siddh Bhauji



SANT HIRDARAM GIRLS COLLEGE, BHOPAL

Central Library and Language Department
Organizes

"Quiz on Reading for Students"

Date- 28/06/2023



On 28th June 2023, Wednesday, P.N. Panicker Foundation in collaboration with the Govt. of Kerala under the aegis Higher Education Institutions had emphasized that an awareness program should be organized in each institution to promote the reading skills. Language Department and Central Library of Sant Hirdaram Girls College, Bhopal had jointly organized Quiz Competition on Reading to celebrate the joy of reading.

Dr. Dalima Parwani, Principal said that to honor the Father of the Library Movement in Kerala, the Late Shri P.N. Panicker, the Reading Day/Month 2023 is being celebrated. She further added that the students must immerse in a culture of reading, participate in engaging activities and champion the Read and Grow initiative.

The New Education Policy 2020 has laid emphasis on Reading as a key skill for Foundational Literacy and Numeracy (FLN) and in this regard the students are encouraged in reading. An online quiz was organized for students and more than 50 students participated and they were provided the e-certificates.

June, 2023

**Chartered Accountant Foundation Course Examinations -
June, 2023**

Our Institution has been selected to conduct CA Foundation Exams from 24th June to 30th June, 2023. The overall examination included 4 papers. All the papers have been conducted smoothly. The CA Observers and Bank Officials appreciated the working culture of the exam functionaries and wished good luck for future endeavors.



Thank You!

