# SANT HIRDARAM GIRLS COLLEGE, BHOPAL



# Monthly Report October 2024

#### Tuesday, 1st October 2024







## NSS Volunteers of SHGC Perform Nukkad Natak on 'Swachh Bharat, Swasth Bharat'

On 1<sup>st</sup> October, 2024, Tuesday, a powerful initiative to raise awareness about cleanliness and health, the NSS Unit of Sant Hirdaram Girls College, Bhopal, organized a Nukkad Natak (street play) in the bustling main market of Hirdaram Nagar, Bhopal. The performance was based on the theme "Swachh Bharat, Swasth Bharat" as part of the nationwide cleanliness drive "Swachhata Hi Seva, Swachhata Hi Sanskar."

A total of 16 dedicated NSS volunteers participated in the activity under the leadership of Divya Lalwani and Usha Malviya. The students reached the market in the form of a rally, enthusiastically shouting slogans to engage the public and promote the message of cleanliness and health. The impactful street play highlighted the importance of maintaining cleanliness in our surroundings and how it directly contributes to the health and well-being of society. The Volunteers also cleaned the statue of Mahatma Gandhi in the college premises.

Principal Dr. Dalima Parwani praised the initiative of the students stating that our students have shown immense dedication by actively contributing to this significant cause. Cleanliness is a fundamental virtue, and by promoting the message of 'Swachh Bharat, Swasth Bharat,' these young leaders are helping shape a healthier and more responsible society.

Adding to this, NSS Program Officer Prof. Vibha Khare commented that the participation of our NSS volunteers in this street play demonstrates their commitment to social causes and their awareness of the importance of a clean environment. This activity is a reflection of the continuous efforts to engage youth in meaningful activities that create a lasting impact on society.

The volunteers who performed in the Nukkad Natak were Aashka Singh Raghuvanshi, Anu Ahirwar, Liza Nayak, Vanshika Hotwani, Kanika Daswani, Yashasvi Yadav, Princi Verma, Payal Jawariya, Rahmeen, Mahira, Subhana Inam Khan, Neelu Prajapati, and Khushi Sharma.

#### Tuesday, 1st October 2024





## Students Triumph in Debate Competition at National Symposium 2024

On 1<sup>st</sup> October, 2024, the Institute of Technology, Barkatullah University, Bhopal, hosted a vibrant debate competition as part of the National Symposium 2024. The theme of the competition was "Viksit Bharat @2047" which aimed to inspire discussions around India's development goals and vision for the future as the nation approaches. The competition witnessed enthusiastic participation from a total of 50 teams representing various colleges across the region. The diverse backgrounds of the participants enriched the discussions, reflecting a wide range of perspectives on the theme. From our college, the team comprising Ms. Deepika Mewada, B.Sc. II Year and Ms. Kashish Soni, BCA.

III Year delivered commendable performances, securing the second prize in the competition. Additionally, Ms. Kashish Soni was recognized as the "Best Speaker," earning her a trophy and certificate for her outstanding articulation and persuasive skills.

The debate competition not only highlighted the talents of the participants but also fostered an engaging dialogue about the future of India. The event served as a platform for students to express their ideas and contribute to the broader conversation about national development. We congratulations to the winners for their efforts and dedication.

#### Saturday, 5th October 2024

## Debate Competition on Wildlife Week 2024: A Thought-Provoking Discussion on Climate Change and Habitat Destruction







As part of the celebrations for Wildlife Week 2024, Van Vihar organized a riveting debate competition on the highly relevant topic: "Climate Change is a More Pressing Threat to Wildlife than Habitat Destruction." The competition saw spirited participation from various distinguished members of the academic community, with two prominent faculty members from our institution—Dr. Shazia Khan, Head of the Biotechnology Department, and Ms. Vibha Khare, Head of the Food & Nutrition Department—participating in a lively and intellectually stimulating exchange.

Dr. Shazia Khan, who argued against the motion, eloquently highlighted the profound and immediate threats posed by habitat destruction to wildlife populations. She pointed out how human-induced deforestation, land use changes, and urban expansion have led to the fragmentation and loss of essential habitats, directly impacting species survival and biodiversity. Dr. Khan emphasized that habitat destruction is not only an immediate threat but also a major driver of species extinction, with many wildlife species unable to adapt quickly enough to the changing environmental conditions caused by climate change.

On the other hand, Ms. Vibha Khare, who argued for the motion, provided a compelling case for how climate change is emerging as the more pressing threat to wildlife. She discussed how rising global temperatures, erratic weather patterns, and altered ecosystems are not only accelerating habitat destruction but also directly affecting species' survival by altering food availability, breeding cycles, and migratory patterns. Ms. Khare's arguments underscored the interconnectedness of climate change and habitat loss, stressing that without addressing the broader issue of climate change, efforts to conserve habitats would be undermined in the long run.

The debate was marked by a high level of engagement, with both faculty members delivering insightful arguments backed by scientific data and real-world examples. After an intense and thought-provoking exchange of ideas, the judges awarded both second place.

This debate not only highlighted the complexity of environmental issues but also exemplified the critical role that academic experts play in shaping discussions around conservation and sustainability. We congratulate both Dr. Khan and Ms. Khare for their exceptional contributions to this important conversation and commend Van Vihar for organizing such a thought-provoking event.

#### Monday, 7th October 2024







### **Seminar on Unlocking Research Potential**

Bhopal, 7th October 2024: The Research Committee of Sant Hirdaram Girls College, Bhopal, organized a one-day Seminar on "Unlocking Research Potential: Methodology and Case Study"aimed at fostering research acumen among students and research scholars. The seminar, which brought together participants from diverse academic backgrounds, provided a platform for budding researchers to gain insights into contemporary research methodologies. The seminar's core objective was to equip students with the necessary tools and frameworks to excel in the field of research.

The event saw the participation of esteemed speakers including Dr. Anuj Hundet, Professor of Physics, IEHE, Bhopal, and Dr. Ravindra Pathak, Professor of Commerce, RNTU, Bhopal, alongside the Principal of the college, Dr. Dalima Parwani. Students from prestigious institutions such as IPER, SHIM, TIT, and SHGC attended the seminar, along with faculty members from various disciplines.

In her welcome address, Dr. Dalima Parwani emphasized the importance of self-assessment and developing a structured approach for conducting research. Drawing from her own academic and research journey, she highlighted that while the subjects of study may differ, having a solid foundation of basic knowledge is indispensable for pursuing research. She further stated that research plays a pivotal role in every field of life, contributing not only to skill development but also to innovation.

The Keynote Speaker, Dr. Anuj Hundet, captivated the audience with an insightful session on the use of technology in research. He introduced various tools such as GeoGebra, Excel, and 3D Calculator, demonstrating how these applications simplify complex research processes. Through a PowerPoint presentation, He shared practical examples, showing how research can be made more accessible and efficient through the use of these digital tools.

In second session, Dr. Ravindra Pathak provided a comprehensive overview of research methodologies and what is case study in the field of commerce, science and humanities emphasizing the importance of a systematic approach to data collection, problem solving, ethical considerations and case study analysis.

The seminar concluded with an interactive Q&A session, where participants actively engaged with the speakers, seeking advice on their research projects and career development in academia. The event received overwhelming positive feedback, with students expressing their gratitude for the practical knowledge and inspiration gained. Dr. Madhavi Gaur, Co-convener of Seminar read the detailed Report and Dr. Neha Gupta proposed the vote of thanks.

## **Student Secures Placement Through Campus Recruitment**



A Virtual Campus Drive was organized at Sant Hirdaram Girls College by the Training and Placement Cell in joint association with Corizo Company. In this campus drive, the talented student of the college, Ms. Anushka Thakre, from BBA III Year, was selected for the position of Inside Sales Representative at Corizo. The company conducted multiple stages of the selection process, with the HR round and personal interview being the key ones. A total of 40 undergraduate and postgraduate students participated in this virtual campus drive.

On this occasion Dr. Dalima Parwani, the Principal congratulated the student and said that she achieved this success through her hard work and dedication. It is a matter of pride for the college that the students are making a mark for themselves. She emphasized that the college is committed to continuously providing such opportunities to its students.

#### Wednesday, 9th October 2024



### SHGC Celebrates a Lively Dandiya Mahotsav

On Wednesday, 9th October 2024, the lively and colorful festivities of Navratri came alive at Sant Hirdaram Girls College where the institution hosted a spectacular Dandiya Mahotsav. The event, filled with excitement and energy, saw students and faculty come together to embrace the vibrant traditions of Navratri. The college grounds were transformed into a dazzling display of color, as participants dressed in stunning ethnic attire, twirling gracefully to the lively beats of traditional Garba and Dandiya music.

Dr. Dalima Parwani, the Principal said that Navratri is the festival of power and it embodies the divine essence of femininity through the nine sacred forms of Goddess Durga. Each form symbolizes distinct virtues, teaching us valuable life lessons. She further added that during the vibrant Garba celebrations, let grace be your attire, and dance with the rhythm of your heart. She also stated that Navratri isn't just a festival; it's a spiritual journey where we adorn ourselves not only with beautiful attire but also with the virtues that echo the essence of the Devi within us.

Among the many highlights of the day, Kashish Soni BCA III Year was honored with the title of "Dandiya Diva" for her exceptional dance performance, while Leena Sirwani B.Com. III Year bagged the prize for "Dandiya Diva Attire," captivating everyone with her elegant and traditional costume. The event truly showcased the cultural spirit of the college, leaving everyone in high spirits as they celebrated tradition, talent, and togetherness.

### **SHGC NCC Unit Engages Actively in Cleanliness Drive Program**



On 10<sup>th</sup> October, 2024, the NCC Unit of Sant Hirdaram Girls College actively participated in the Cleanliness Participation Program organized by the 1 MP Naval Unit. The program was conducted from 17<sup>th</sup> September to 2<sup>nd</sup> October, with the objective of realizing the dream of cleanliness and spreading awareness about cleanliness in society.

During this period, the NCC Unit organized various activities, including Shramdaan, rallies, Nukkad Natak, and wall painting.

The program began with a cleanliness rally, where the cadets raised the slogan "Swachh Bharat, Swasth Bharat" (Clean India, Healthy India) to raise awareness about the importance of cleanliness among the public.

Additionally, the cadets performed voluntary labour at various public places in the city, cleaning up the littered areas. Through this effort, they not only cleaned but also inspired people to maintain cleanliness. The cadets also created wall paintings in Gandhinagar, delivering messages of cleanliness. Through their street plays, the cadets highlighted important issues such as cleanliness, reducing plastic usage, and water conservation. These plays were well-received by the local community, and many were inspired to participate in the cleanliness drive.

The program concluded on  $2^{nd}$  October, marking the occasion of Gandhi Jayanti and also take oath of Swachha Bharat by all students and teachers.

Commending the contribution of the NCC cadets, Dr. Dalima Parwani, the Principal emphasized their commitment to making society clean. She stated that through this program, the students conveyed the message that cleanliness is the responsibility of every individual, and we all must make meaningful efforts in this direction.







#### Friday, 11th October 2024

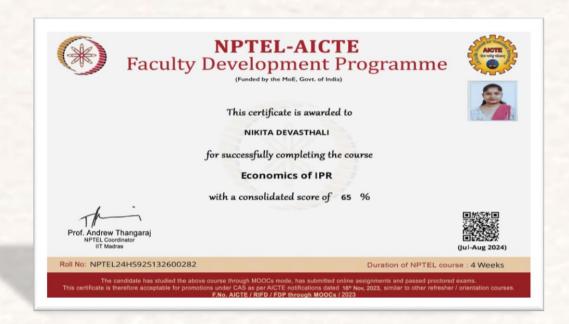


## Prof. Nikita Devasthali Completes Virtual FDP Session with Research Foundation of India and Bhagwan Parshuram Institute of Technology

On Friday, 11.10.2024, Prof. Nikita Devasthali, Faculty of Dept. of Commerce of Sant Hirdaram Girls College completed the virtual FDP session organized by Research Foundation of India in association with Bhagwan Parshuram Institute of Technology from 01.10.2024 to 11.10.2024. The topic of this session was Advance Tools & Techniques for Research Methodology. The main aim of the whole session was to enable faculty members to enhance their research capabilities & contribute to the institution's research excellence. In this duration of 10 days various topics were covered such as Problem identification, research designing & sampling, questionnaire design & development, application of excel for data analysis, understanding ethical issues & plagiarism, Hypothesis development & testing, compiling reference, application of SPSS for data analysis, writing research paper. Experts from RFI (Research Foundation of India) and BPIT (Bhagwan Parshuram Institute of Technology) has led the session. Special guest speakers from leading academic and research institutions have provided insights into their research practices and tools. The learnings from this session will benefit the institution & contribute to the growth of our students.

## Prof. Nikita Devasthali Completes NPTEL-AICTE Course on Economics of IPR

On Friday, 14.10.2024, Prof. Nikita Devasthali, Faculty of Dept. of Commerce of Sant Hirdaram Girls College completed the NPTEL-AICTE approved course of "Economics of IPR". In this duration of 4-week course different topics related to IPR i.e. patent Law, Copyright Law, Trademark Law, Trade Secret Law, Innovations related to IPR were covered. The course included weekly assignments & a final exam. Our faculty has successfully completed the all assignments & cleared the final exam with 65% score. The main aim of this course was to analyse IPR polices & their economic impact, applying these concepts to real world scenarios.



#### Tuesday, 15th October 2024







## SHGC Hosts Session on Social Media's Impact on Mental Health, Organized by Women's Cell and NSS

On 15.10.24, a session on the Role of Social Media in Mental Health was conducted at Sant Hirdaram Girls College, Bhopal, organized by the Woman Cell and National Service Scheme (NSS). The keynote speaker for the session was Dr. Sameeksha Sahu, Assistant Professor at Gandhi Medical College, Bhopal. The session aimed to shed light on the impact of social media on mental health, its merits and demerits, and how to maintain a healthy balance in its usage.

The event commenced with a warm welcome address by Dr. Dalima Parwani, Principal of Sant Hirdaram Girls College. She emphasized the relevance of addressing the topic of mental health in today's digital age, where social media plays a dominant role in shaping the lives of young students.

Dr. Sameeksha Sahu, the esteemed resource person, took center stage and began her presentation by sharing key statistics on the usage of social media and its connection to mental health. She discussed the merits and demerits of social media platforms, acknowledging how these platforms can serve as tools for knowledge, connectivity, and creative expression, but also how they pose significant challenges to mental well-being if used improperly. After her presentation, Dr. Sameeksha Sahu engaged with the students during a Q&A session, addressing their queries on handling social media addiction, managing mental health in a digitally-driven world, and coping with the pressures of social comparison. Her thoughtful and practical answers were well received by the audience.

Mr. Hero Gyanchandani, Director of the institution, was present at the session and addressed the students with words of encouragement. He appreciated Dr. Sameeksha's expertise and urged the students to draw inspiration from her knowledge and personality.

The session was formally concluded with a vote of thanks by Prof. Vibha Khare, Convenor of the Woman Cell and Program Officer of NSS. She expressed her gratitude to Dr. Sameeksha Sahu for her enlightening presentation and thanked the Principal, Director, and all attendees for their support and participation. Prof. Khare acknowledged the contributions of the organizing teams and encouraged the students to implement the strategies discussed during the session in their daily lives.

#### Saturday, 19th October 2024







## SHGC Hosts Intra-Collegiate Competitions to Foster Creativity, Leadership, and Teamwork

Sant Hirdaram Girls College hosted a series of dynamic and engaging intracollegiate competitions on October 18<sup>th</sup> and 19<sup>th</sup>, 2024. The event, which aimed at fostering creativity, leadership, and teamwork among students, saw an enthusiastic participation from students across various departments.

The competitions were designed to provide students with a platform to showcase their talents in multiple areas such as academics, literary, arts, singing, theatre, and cultural performances. The two-day event was packed with activities including quiz contests, debates, painting, clay modelling, solo and group dance performances, solo and group song and more. A total of 22 exciting competitions were conducted at the intra-collegiate level, offering students a diverse range of opportunities to showcase their skills and talents across various domains.

Principal, Dr. Dalima Parwani expressed her pride in the students' participation, stating that these events not only encourage healthy competition but also promote holistic development among students. She mentioned that it is heartening to see the passion and energy with which our students are participating and excelling.

Winners at the intra-collegiate level will now advance to represent Sant Hirdaram Girls College in upcoming inter-college competitions, showcasing their talents on a broader platform.

The spirit of camaraderie and excellence displayed by the students truly reflected the ethos of Sant Hirdaram Girls College.

## Faculty Participation in 2-Day Workshop on Teaching, Learning & Research

I am delighted to inform you that five faculty members from different departments at SHGC have actively participated in a two-day workshop on October 19<sup>th</sup> and 20<sup>th</sup>, 2024. This workshop, jointly organized by Jaipuria Institute of Management, Indore, and the Institute for Excellence in Higher Education (IEHE), Bhopal, was centered on key developments in teaching, learning, and research.

Our faculty members—Dr. Shazia Khan, Dr. Madhavi Gaur, Dr. Suneela Choube, Dr. Neha Raghuwanshi, and Prof. Kanchan Chaturvedi—gained valuable insights from sessions that focused on:

Innovative teaching tools to improve classroom engagement and effectiveness. Research techniques emphasizing both qualitative and quantitative approaches, with a particular focus on incorporating Artificial Intelligence to advance research methodologies.

The use of management games as an innovative tool to enhance student learning outcomes. Strategies to promote happiness and well-being in educational settings, fostering a more positive and productive environment.

The knowledge and strategies acquired during the workshop will not only benefit the participating faculty members but also contribute significantly to the overall enhancement of teaching methods and research capabilities at SHGC.

Saturday & Sunday, 19th & 20th October 2024



#### Monday, 21st October 2024







## **Student Council Oath-Taking Ceremony**

On October 21<sup>st</sup>, 2024, an oath-taking ceremony for the newly nominated members of the Student Council was organized at Sant Hirdaram Girls College for the academic session 2024-25. The event was graced by Director Shri Hero Gyanchandani and Principal Dr. Dalima Parwani, who officiated the oath-taking ceremony for the newly council members, entrusting them with their roles and responsibilities.

In the opening address, Mr. Hero Gyanchandani boosted the morale of the students, stating that the institution is committed to the holistic development of each student. Leadership is a significant responsibility. As you progress on the path of duty, you must work hard for your country and the institution. Continuous efforts will surely lead you to your goal. The college's Principal, Dr. Dalima Parwani, addressed the students, emphasizing that each student should have a clear objective. If you ever face failure, don't get disheartened but rather re-evaluate and move forward. The purpose of the Student Union Council is to develop leadership skills and instil a sense of social responsibility and selfless service among students. The members of this council will play an active role in maintaining discipline, academic activities, and cultural programs in the college.

The coordinator of the event, Dr. Suneela Choube, administered the oath to the students of the union council and encouraged them to remain aware of their rights and duties while contributing to the college's development.

All the teachers and students of the college were present at the ceremony. In the end, vote of thanks was proposed by President of student's council.

#### Monday to Monday, 14th to 21st October, 2024







## Certificate Course in Plant Tissue Culture organized in collaboration with GrowTips Pvt. Ltd., Bhopal

Bhopal, October 21, 2024 – The Department of Biotechnology at Sant Hirdaram Girls College, in collaboration with GrowTips Biotech Pvt. Ltd., successfully organized a comprehensive certificate course and training program on "Plant Tissue Culture Techniques" from October 14 to 21, 2024. This initiative aimed to equip students with essential knowledge and practical skills in fundamental tissue culture methodologies.

As plant tissue culture technologies become increasingly vital for enhancing plant breeding, disease resistance, and crop yields, the collaboration between academic institutions and private companies fosters innovation and skill development in this critical field.

The program provided participants with a thorough understanding of various plant tissue culture techniques, along with hands-on experience in establishing and maintaining a tissue culture laboratory. Students engaged in several key practices, including stock preparations and various tissue culture methods such as seed culture and meristem culture. They practiced essential skills like explant collection, inoculation, subculturing, multiplication, and hardening—skills crucial for success in plant tissue culture.

Dr. Shagufta Khan, Director of GrowTips Biotech Lab Pvt. Ltd., led the training sessions, sharing her invaluable experiences and inspiring students to explore careers in plant biotechnology. She emphasized the importance of innovation and encouraged participants to consider initiating their own ventures in the plant tissue culture industry.

A total of 45 students benefited from this program, gaining valuable insights into both the practical and theoretical aspects of plant tissue culture. This initiative not only enhances students' practical skill sets but also reinforces the critical role of biotechnology in sustainable agricultural practices.

#### Wednesday, 23<sup>rd</sup> October 2024





## SHGC Organizes Training Program with MUN Academy for First-Time Model United Nations Participants

On 23<sup>rd</sup> October 2024, Sant Hirdaram Girls College organized Training program in collaboration with MUN Academy for students participating in Model United Nations (MUN) for the first time. The session aimed to prepare students for active participation in MUN conferences, equipping them with essential skills in diplomacy, negotiation, and public speaking.

The event featured keynote speakers, Mr. Prabal Bafna, Subject Expert and Trainer from MUN Academy, and Mr. Sandeep Punjabi, Coordinator of MUN Academy.

On this occasion, the Principal of the College, Dr. Dalima Parwani, stated that the main goal of the Training program was to address the students' queries so that they could enrich their personal and academic knowledge by participating in MUN. She expressed confidence that students participating in this program would develop qualities such as global perspective, leadership, communication, problem-solving, research, and analytical skills.

During the program, Mr. Prabal Bafna explained what MUN is, how it works, and why it is important. He also shared key websites for MUN research and provided detailed explanations with examples about writing position papers, drafting resolutions, the rules and procedures of the United Nations and India, opening statements, placards, personal privileges, parliamentary inquiry, order against the bureau, and various other rules.

The session was filled with knowledge and energy for the students. The session concluded with students expressing their enthusiasm for future MUN conference, eager to showcase their skills and make a meaningful impact on discussions of global importance.

October 25<sup>th</sup> & 26<sup>th</sup>, 2024, Sant Hirdaram Girls College hosted a grand program Saankethika 6.0 and MUN. The event was graced by the presence of Chief Guest Mr. Sharad Dwivedi, Editor-in-chief, Bansal News, Ms. Ruchi Vardhan Mishra, IPS, IG (Admin), PHQ, Ms. Neeta Srivastava, Personality Development Trainer and Communication Expert, Mr. Manas Dowlani, M.U.N. Coordinator, College Principal Dr. Dalima Parwani, members of the media, and teacher coordinators from other renowned institutions and a large number of students.

The College Principal Dr. Dalima Parwani wholeheartedly welcomed the guests and delegates, expressing that the college's President sharaddhay Siddh Bhauji, serves as an inspiring guiding force filled with positive energy. She thanked Chief Guest Mr. Sharad Dwivedi, Chief Editor of Bansal News and Ms. Ruchi Vardhan Mishra for sparing their valuable time and expressed appreciation for Mr. Manas Dowlani's patience and hard work in making the event successful, wishing him a bright future. She emphasized that "Saankethika 6.0" provided a golden opportunity for students to give new direction to their lives. The main objective of this event was to provide a platform for school students to showcase their talents, fostering teamwork, skill, and innovation. Additionally, the college hosted a Mock United Nations (M.U.N.) for the first time, aiming to develop students' coordination, leadership, communication, research, and analytical skills.

Mr. Sharad Dwivedi noted the unique spiritual awareness of Sant Ji, who worked selflessly for the welfare of society. He mentioned that the blessings of Santji are evident in the college, where students show curiosity and confidence. He emphasized that students should have a command of language, sharing motivational stories highlighting the importance of hard work and a passion for learning. He remarked that the journey of continuous learning is essential for achieving one's goals in life. Regardless of one's physical appearance or economic status, one should not be afraid of challenges. He advised students to pursue their careers with confidence and skill, urging them to understand the sacrifices of their parents and keep a positive outlook on life.

The eagerly awaited SHGC Model United Nations (M.U.N.) Conference commenced with enthusiasm, gathering delegates from schools, colleges, and universities from Bhopal and surrounding areas to engage in diplomacy, debate, and solutions to global issues. The opening ceremony marked the inauguration of committees such as Lok Sabha, AIPPM, UNGA-DISEC, UNHRC, and International Press. Delegates eagerly joined their respective committees, discussing topics like LGBTQ+ issues, women's safety, and challenges for the International Press. The initial debates showcased heartfelt perspectives and in-depth contributions as delegates displayed their research and diplomatic skills. The first day ended with a networking session, where delegates had the opportunity to connect informally, share ideas, and form friendships.

The second day of M.U.N. featured intensive debates, diplomacy, and collaboration, concluding with an inspiring closing ceremony where delegates and organizers celebrated their achievements and reflected on the event's impact. Delegates presented innovative solutions to complex global problems, showcasing not only impressive research and negotiation skills but also a commitment to making a difference. The closing ceremony was filled with applause and excitement as awards were announced for Best Delegate, High Recommendation, and Special Mentions in each committee. At the end, delegates enjoyed dancing to music, adding to the celebratory atmosphere.

#### Friday & Saturday, 25th & 26th October, 2024

Under "Saankethika 6.0," inter-college competitions included "Voice of the World" (skits on global issues), "Model Masters" (various models), "Rhymes of the Globe" (traditional dance), quiz competition, "Mind Marathon.", "Flameless Chef" (creative cuisine), "Epic Ink" (creative coloring), and "Culture Couture" (fusion of global attire), along with an open talent competition. More than 500 students from various prestigious schools registered and actively participated. Winners of each competition were awarded trophies, mementos, and certificates, with the overall winner trophy going to Navnidh Hassomal Public School, Bhopal, First Runner up to IPER UG College and Second Runner up to Graphite Higher Secondary School respectively.

The Chief Guest of the valedictory session, Ms. Ruchi Vardhan Mishra, paid homage to Sant Hirdaram Sahib, emphasizing that programs rich in innovation contribute to personality development. She encouraged continuous self-assessment amidst life's challenges. She shared a motivational personal story, advising students to learn to accept both success and failure, and to cultivate inner potential through meditation. Ms. Neeta Srivastava highlighted the importance of developing expression skills alongside knowledge. M.U.N. Coordinator Mr. Manas Dowlani attributed the event's success to Sant Ji's blessings, remarking that SHGC M.U.N. has left a lasting impression on students, many of whom are eager to participate in future M.U.N. conferences.

As the event concluded, the institution presented guests with mementos and shawls as a mark of honor. To encourage holistic development and self-reliance among students, the college's E-Cell and Institution's Innovation Council set up more than 25 stalls.









#### Tuesday, 29th October, 2024







### Culmination of ECO – Apex S.D.G. Championship 2024

On 29<sup>th</sup> October, Sant Hirdaram Girls College celebrated the culmination of the S.D.G. Championship 2024, which saw enthusiastic participation aimed at actualizing the Sustainable Development Goals (SDGs) in higher education. The institution took part in this district-level SDG Championship 2024 and is actively contributing as a facilitator towards achieving development goals in higher education institutions. To fulfill these objectives, the college organized ten impactful activities focusing on environmental awareness, health, and sanitation.

Reflecting on the program's success, the College Principal Dr. Dalima Parwani stated, "Our goal is to inspire students, faculty, and the broader community towards sustainable development goals and environmental responsibilities through these activities. This initiative will play a pivotal role in spreading awareness about environmental preservation and fostering positive societal change."

As part of this series, the Clinical Nutrition and Dietetics Department conducted a Sustainable Meal Week. Through "Flameless Cooking," students and community members were educated on sustainable food choices, understanding the impact of sustainable meals, and learning to prepare environment-friendly recipes. The Computer Science Department also took up the responsibility of collecting e-waste, ensuring its proper management and recycling, thereby contributing to environmental conservation. Additionally, a digital repository was created to promote research in environmental sustainability, storing and sharing environmental studies digitally. In the documentary series addressing local environmental issues, a documentary was produced to highlight diseases caused by pollution and unhealthy diets, with videos shared on social media to raise awareness.

The series also included a quiz competition on sustainable development and environmental issues, along with a street play, "Clean India Green India," performed to promote public awareness about cleanliness and greenery. The event further featured a "Yogathon" and "Slow Cycling" competition to encourage healthy lifestyles and foster a fitness culture, helping everyone stay healthy and contribute to national progress. The 10,000 steps challenge within 90 minutes also aimed to promote physical fitness.

Dr. Suneela Choube, the Coordinator of the SDG Championship, extended her congratulations to everyone involved in the various events held under the Sustainable Development Goals (SDG) initiative, acknowledging the role each played in promoting the SDG objectives and making the events successful.

#### Tuesday, 29th October, 2024





### **Diwali Celebration Illuminates SHGC with Joy and Tradition**

On 29<sup>th</sup> October, 2024, Sant Hirdaram Girls College, Bhopal, celebrated Diwali with great enthusiasm and elegance, bringing together students, faculty, and staff in a festive atmosphere of devotion and joy. The event featured vibrant decorations, beautiful rangoli designs, and rows of diyas that illuminated the campus, symbolizing the triumph of light over darkness.

The celebrations began with a traditional prayer ceremony dedicated to Goddess Laxmi, where students and faculty gathered to seek blessings for prosperity, health, and happiness in the coming year. Dr. Dalima Parwani, Principal of Sant Hirdaram Girls College, extended her heartfelt Diwali wishes to everyone, emphasizing the importance of unity, gratitude, and tradition. "The festival of lights reminds us of the strength that comes from togetherness and faith," she added.

The atmosphere was filled with positivity, as everyone enjoyed the cultural richness of the event. The Diwali celebrations at Sant Hirdaram Girls College exemplify the institution's commitment to nurturing values of spirituality, unity, and cultural heritage among its students.

# Thank You



santhirdaramgirlscollege@yahoo.com



www.shgc.in

### **Follow SHGC On:**









/shgccollege